



GIRAFFE GAZETTE

AMAZING THERAPY!

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JUXTA-FIT™ WHOLE & UPPER LEGGING: SLIDING ISSUES

(CONTINUED: MEASURING UPDATES AND CHART CHANGES)

As part of the medical team that manifests practical treatment options and compression for your patients, many of you are faced with limited choices when it comes to limbs congested above the knee.

When those options require thinking outside the proverbial box -- patients that are *desperate* and will wear a night-time-only-garment during the day, above the knee -- an exciting discovery has been made.

Many therapists report that a latex and adhesive free layer of Actifoam succeeds in reducing Juxta-Fit sliding during day-time wear. The Juxta-Fit material clings to the Actifoam layer helping the legging stay in place. Since the foam layer is also thin, adheres to itself, and works well in flexion areas without creating bulk, it's great at keeping your Juxta-Fit compression routine streamlined.

BREAKING NEWS: JUXTA-FIT MEASURING UPDATES AND CHART CHANGES

The headline should get you downloading the most recent measuring chart for custom Juxta-Fit leggings.

The ankle-foot wrap options are now clear and specific. Please remember to choose one. If not indicated, we will send a Single Band EZ Ankle-Foot Wrap for lower leggings and a Closed Heel custom Juxta-Fit™ ankle-foot wrap for Whole Leggings (when measurements are provided).

(see *Measuring Updates and Chart Changes*, next column)

Important aspects to measuring your patient:

1) It is better to take more measurements than less. Please follow the measuring chart instructions completely. This allows seamless production and helps avoid interrupting your patient sessions to ask you to pull your copy of the chart. Sometimes it even means that you will have to call the patient back in for additional measurements.

2) There are circumstances where a medial groin measurement and a lateral gluteal fold measurement have large variances and we are unclear on where you want the garment to end. When you fill out the box entitled, "**Requested Garment Length**" located below the first circumference measurement field, this helps determine the finished garment length.

3) **Girth takes up length.** If you are unsure that you will have this issue (garments may come in shorter than you expected on a 'girthy' patient), take a straight line measurement by holding the tape taut up the leg and a contoured measurement by laying the tape against the skin and following leg contours. Record both measurements on the chart and let us assess and calculate the best finished garment length.

Revised Standard Size Juxta-Fit Sizing Chart Download the most current version of this measuring chart [here](#). We have made minor changes by tightening the measurement ranges on the Ankle-Foot Wrap matrix only.

No leg circumference measurement ranges have been modified.

CircAid[®]
MEDICAL + PRODUCTS

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JUXTA-FIT™ ANKLE-FOOT WRAPS...

...it's all in the way you walk. Some patients wear their shoes as their compression device. Others do not ambulate during the day. Still, others can wear any ankle-foot wrap (AFW) configuration inside their shoe.

We have found that *most* patients are day-timing their foot compression with a shoe; therefore, the Juxta-Fit™ standard and custom size below-knee product includes the Single-Band EZ AFW. The EZ AFW is also recommended when skin tissue masses/lobules are present near the ankle.

Options, Options, and more Options. When a Juxta-Fit™ Ankle-Foot Wrap is the chosen method for foot/ankle coverage and compression, we have options: Standard closed-heel, custom closed-heel, and interlocking AFW's.

Remember a few simple tips when considering the closed heel vs. the interlocking ankle-foot wrap:

•Interlocking

Measurements fall into one of three standard sizes (customs are not available in this line).

An edematous malleolus is targeted and compressed when the interlocking bands are pulled forward.

Adjusts easily to any foot length.

•Closed Heel

Cups the heel and malleolus and delivers excellent compression.

Less bulk vs. the interlocking ankle-foot wrap.

Can be integrated onto the Juxta-Fit standard or custom size lower legging and whole legging garments.

Nominal 'Swap-Out' Price. Your patient can be wearing the most advanced in compression garment technology **now**. For a nominal 'swap-out' price, your order for any CircAid legging where a single-band ankle-foot wrap is included, can be upgraded to a standard (closed heel) Juxta-Fit Ankle-Foot Wrap or a Juxta-Fit Interlocking Ankle-Foot Wrap.

Overcoming the 'Duck-Bill' Excess material protruding from the closed-heel ankle-foot wrap is resolvable, without it, cutting it, or resizing the patient for a different sized ankle-foot wrap.

Learn more about correct heel placement when you download the Juxta-Fit Ankle-Foot Wrap Clinician and Patient Guide [here](#).

And Juxt-Breathe. It's That Easy.